

Youth Transition Jamboree

Youth Transition Jamboree Schedule

February 12, 2010
Joseph Crowley Student Union
University of Nevada, Reno

8:00 AM – 8:50 AM

CHECK-IN & REGISTRATION

9:00 AM – 9:10 AM

WELCOME, INTRODUCTIONS & CHARGE FOR THE DAY

9:10 AM – 9:45 AM

OPEN PLENARY GROWING UP READY TO LIVE, PLAY & WORK!

Advice with Hindsight & Wisdom – National Policy, Progress and Trends
Healthy & Ready to Work National Resource Center

9:45 AM – 10:15 AM

YOUTH HAVE SOMETHING TO SAY, ARE WE LISTENING?

10:30 AM – 11:30 AM

BREAKOUT SESSIONS

11:30 AM – 1:00 PM

LUNCH, EXHIBITOR SHOWCASE & RAFFLE

1:00 PM – 2:30 PM

BREAKOUT SESSIONS

2:45 PM – 4:30 PM

BREAKOUT SESSIONS

4:30 PM – 5:15 PM

CLOSING PLENARY

Where Do We Go From Here in Nevada?

5:15 PM – 5:30 PM

CLOSING & ACTION STEPS

Youth Transition Jamboree Presentations

GROWING UP READY TO LIVE, PLAY & WORK! Advice with Hindsight & Wisdom

Youth with special health care needs (YSHCN) want a full range of opportunities like everyone else and require a coordinated system of care. Lifelong health issues require lifespan skills. The challenge is to simultaneously improve the system and prepare youth with the knowledge and skills necessary to promote self-determination and self differentiation. Health Care Transition Policy, practices and trends take time to implement. For Youth and their families the issue is more urgent; they want and need practical tools, strategies to use today.

Our opening session will be presented by two nationally known experts from federally funded HRSA/MCHB funded Healthy and Ready to Work National Center. They bring unique and practical experience in the area of health care transition; – a seasoned family leader former teacher turned policy wonk and an adult who has experienced both side of the provider line – receiver of service and now a national leader shaping and creating health policy for CYSHN. This dynamic session will have strategies to consider, data to know, and be supplemented with a touch of humor.

While we recognize the goal of transition in health care for young adults with special health care needs is to maximize lifelong functioning and potential through the provision of high-quality, developmentally appropriate health care services that continue uninterrupted as the individual moves from adolescence to adulthood.

What has been the progress over the years? This interactive presentation will share findings from the Healthy & Ready to Work National Center's transition questionnaire, data from the the National Survey of Children with Special Health Care Needs, and the MCHB Block Grants and provide a sample tools and essential skill areas required to make the health care transition to adulthood a smoother process.

Presenter:

Healthy & Ready to Work National Resource Center

- Mallory Cyr, BFA, Youth Coordinator, Gray, Maine
- Patti Hackett, MEd, Co-Director, Natick, Maine

YOUTH HAVE SOMETHING TO SAY, ARE WE LISTENING?

In the process of transition it is easy to keep doing what has worked, or be afraid to take steps, but it must begin somewhere, and every experience is different. Every young person who transition has different goals and dreams, their own stories to share and lessons that have been learned. You will hear real life stories of youth, what they have learned in their own transition as well as effective strategies to engage youth and get their voices heard. After all- who is the system for?

Moderator: Mallory Cyr, BFA, Youth Coordinator, Gray, Maine

PREPARING FOR THE DIFFERENCE: ARE YOU READY TO CHANGE ROLES?

As providers, teachers, youth leaders and family leaders you are in the position to give information and advice to others on many topics. But what about your personal journey of preparing not only your child/youth but yourself for the change from childhood to adulthood? Consider the key essential elements for health and wellness – what are your fears, your anxieties? What skills and abilities do you need to learn, to master, or be supported? And how is your child/youth involved? Come join an interactive skill-building workshop that encourages honest discussion, sharing of strategies, and practical tools to use by Monday! Take the first step in “walking the talk!”

Discuss what is most important to young people with SHCN for their transition to adulthood and the current realities for YSHCN

- Review the medical perspective on adolescence and transition
- Discuss lessons learned from young adult and family leader perspective
- Learn what a health care professional can do to assist youth with transition

Presenter:

Healthy & Ready to Work National Resource Center

- Mallory Cyr, BFA, Youth Coordinator, Gray, Maine
- Patti Hackett, MEd, Co-Director, Natick, MA

LEAVING PEDIATRIC CARE AND ENTERING THE WORLD OF ADULT ORIENTED SERVICES

As youth grow up and grow older, they leave pediatric healthcare and enter the world of adult medicine. It can be difficult to find adequate providers of care, but also health needs are often diagnosed too late and treated ineffectively. Lack of attention to health needs and health management can jeopardize goals for learning, working and living safely in the community. For this reason it is important that people with disabilities and special health care needs know how to manage their own health care and work with appropriate professionals as partners in their care. Participants will learn what can be done to assist youth with transition

Presenter: John Reiss, PhD, Institute for Child Health Policy, Gainesville, FL

YOU CAN DO IT! STARTING EARLY TO PREPARE FOR COLLEGE

This presentation will assist the young adult with disabilities in planning for post-secondary education. A key to successful preparation is to get an early start on the planning. The role of the parent will be addressed, as well as the essential concepts of self-determination and self-awareness. Strategies used while in high school, accessing resources and graduation options will be explored. The audience will learn about Disability Resource Centers and how they can play a role in helping students achieve access and receive accommodations. Different kinds of colleges, the application process and financial aid opportunities for students with disabilities will also be discussed.

Presenter: Nevada PEP

WHAT'S HEALTH GOT TO DO WITH IEP & SOP?

Tools and skills for youth, their families and teachers too!

What's Health got to do with Transition? The IEP, the SOP and 504 Plan? Everything! Maintaining success in postsecondary experiences requires skills and opportunities. Sustaining success requires steady performance and productivity which are often impacted by health and wellness factors. This session includes practical tips to incorporate in elementary, middle school and high school plus skill-building tools for students, their families and yes, their teachers too!

Presenter: Patti Hackett, MEd, Co-Director, Natick, MA

BEGIN WITH THE END IN MIND

Since IDEA 2004, the Transition planning process has become a critical part of a student's IEP. This presentation will review changes to IDEA 2004 and discuss the Transition planning process, including how families, educators and the community need to work together to ensure positive postsecondary results for students with disabilities as they enter the adult world. Also addressed will be the importance of teaching students self-determination and self-advocacy skills, translating them into a student centered IEP, and utilizing them in realization of postsecondary goals. Participants will receive a copy of the Washoe County School District's Transition Programs Handbook.

Presenter: Peggy Cullinane, Transition Coordinator – Washoe County School District

PEOPLE FIRST EMPLOYMENT – GETTING PAID FOR YOUR PASSION

This presentation will look at employment for people with disabilities from a person-centered approach. It will provide a brief overview on the history of employment for persons with disabilities, with the most current trends and forecast future trends based on the philosophy of programs moving on a continuum from segregation to more inclusive, meaningful settings. It will look at the effect of a struggling economy, increasing unemployment, and review community supports for persons with disabilities seeking employment or a change in their current position. The possibility of self-employment will also be discussed.

From a person-centered view, the presentation will discuss the strengths of individuals, supports one may need at work, and environments that match these with the duties required in a particular position. The presentation will allow people to participate by identifying their strengths, abilities, interests, passions, and potential supports.

Presenter: Scott Harrington, Youth Transition Director, NCED, Reno, NV

TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT MEDICAID INFRASTRUCTURE GRANT (TWWIIA)

With the aid of the Medicaid Infrastructure Grant, Nevada has begun the process of developing a Medicaid Buy-In Program. This program is intended to offer Medicaid coverage to working, or those wishing to return to work, individuals who meet the federal or state definition of disability and have incomes higher than what is allowed under traditional Medicaid eligibility. It is a goal that medical insurance is available to working people with disabilities through payment of a premium or other cost sharing method. Learn more about these programs and ask questions.

Presenter: Dan Olsen, MPH, Medicaid Infrastructure Grant Program

Hosted by Family TIES of Nevada in Partnership with:

Healthy & Ready to Work National Resource Center

Institute for Child Health Policy

Kids as Self Advocates

Nevada Center for Excellence in Disabilities

Nevada PEP

Nevada State Health Division

Sierra Regional Center